

the Fresh Press

April 8th, 2022

Produce that's Fresh. Information that's to the Point.

Sysco
At the heart of
food and service

Top 5 Five



asparagus

Markets are higher with stronger demand. Mexican production is steady and Peruvian arrivals continue to improve. Quality is good to very good.



avocados **ALERT!**

Mexican harvests have declined in the past two weeks with stronger markets. The size curve is heavy to small fruit. CA harvests were interrupted last week by rain but there is decent availability on 48ct and smaller fruit. Harvests are expected to increase by 55-60% as markets will be stronger because of the Holy week shutdown in Mexico.



beans—green **ALERT!**

FL supplies are good with good quality and demand. Markets are weaker due to the weather. Mexican volumes have increased but remain limited.



berries—blackberry, blueberry & raspberry

Blackberry and raspberry supplies from Mexico and Peru are starting to come off while supplies are increasing from Chile. **Blueberries** are gapping in Chile and Mexico. FL blueberry volumes will continue to increase. Blueberry markets are steady.



berries— **ALERT!** strawberry

The transition to CA is underway. Multiple regions in CA had rain last week and there are some production gaps. Supplies are very tight and Easter demand is adding additional pressure. Markets are rising.



broccoli & cauliflower **ALERT!**

Broccoli markets are active in Mexico due to high heat and increased insect pressure. AZ production is waning, and CA supplies are still low. **Cauliflower** markets are active due to lower yields. Quality is fair and sizes vary.

celery **ALERT!**

Value added celery is in a demand exceeds supplies situation due to capacity constraints. Quality is fair.



citrus—lemons, limes **ALERT!** & oranges

Lemon supplies are good with moderate demand and sizing is peaking on larger fruit with pack outs 75-80% Fancy. Markets are steady. **Lime** supplies and availability are limited with harvests reduced for the Holy week. Size is peaking on 230/250/275cts. Key lime markets are lower. **Orange** markets are steady with moderate to good demand. Color and sugar are very good, and sizing is heavy to 72ct and larger Fancy grade with 75-80% Fancy grade.



1. **ARTICHOKES** **ALERT!**

Supplies are shorter for the next 7-10 days.

2. **CARROTS** **ALERT!**

Supplies are our biggest concern.

3. **CORN** **ALERT!**

Supplies are limited until the first crop begins in about a week.

4. **CHILE PEPPERS** **ALERT!**

Markets are strong on most varieties.

5. **MUSHROOMS** **ALERT!**

Demand is outpacing supply.

Outlook

WEST COAST

A warm weather trend is expected with temps in the 90's.

MEXICO

Strong windy conditions are expected for the Gulf of Mexico. Temps will range from 86-110°F throughout most of Mexico. Baja CA and Sonora will see temps from 104-110°F.

EAST COAST

Temps are expected to be above normal with near normal precipitation.

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cucumbers **ALERT!**

FL supplies are tight with good quality and strong demand. Markets are high and might increase further due to limited volumes in the West. Mexican production is gapping with limited supply.



eggplant **ALERT!**

FL supplies are light with good quality and very good demand. Markets are strong. Mexican production is gapping and is expected to be limited for the next 2 weeks.

grapes—green & red

Markets are softer on red grapes due to high volumes from Chile. **Green grape** supplies are lighter with higher markets than **red grapes**. Quality is mostly good but some lots of **red grapes** in the market have aged and are offered at a discount. Markets are steady.



lettuce—iceberg, leaf, romaine

Expect unsettled, adjusting markets until the transition from AZ to CA is complete. See the [FreshPress+](#) for quality specifics.

melons—cantaloupe, honeydew & watermelon **ALERT!**

Cantaloupe supplies are light with very good demand and strong markets. Quality and sugar levels are good. Limited ocean freight is delaying some arrivals. **Honeydew** supplies are light with very good demand. Markets are higher. Quality is good. **Watermelon** supplies from Mexico are light due to transition. Markets are strong with fair to good quality.



onions—red, white, yellow

Expect markets to be volatile until we get through the transition from the Pacific NW to the southern growing regions. Quality varies by region. **Value added onions** (peeled, diced, etc.) are in a demand exceeds supply situation due to capacity and raw product sizing concerns.



peppers—green, red & yellow **ALERT!**

Green bell supplies will remain short nationwide for another 7-10 days. Mexican volumes will continue to wane. Coachella will start mid-April. **Red bell** volumes are declining.



potatoes

Markets are mostly steady with flat demand. Production will continue to slow as growers work to manage supplies to avoid a potential gap in June/July. Quality is good.



squash—yellow & zucchini **ALERT!**

FL **zucchini** supplies have improved; quality is good, and markets are lower. **Yellow squash** supplies are improving, and markets are lower. Mexican supplies are good with good quality.



tomatoes

Tomato markets are tight in the East due to transition from South FL to Central FL. The transition should be complete in the next 2-3 weeks. Markets from Mexico remain unchanged on all varieties. **Hothouse Medley and Campari** supplies are short.

Reality Check

VEGETABLES	Supply			Price						
	HIGH	INCREASING	STEADY	DECREASING	ALERT	ALERT	INCREASING	STEADY	DECREASING	LOW
Arugula										
Asparagus										
Brussels Sprouts										
Beans - Green										
Broccoli										
Broccolini										
Cabbage										
Carrots										
Cauliflower										
Celery										
Corn										
Cucumbers										
Eggplant										
Herbs										
Garlic										
Lettuce - Iceberg										
Lettuce - Leaf G/R										
Lettuce - Romaine										
Lettuce - Spring Mix										
Mushrooms										
Onions - Green										
Onions - Red										
Onions - Yellow										
Onions - White										
Peas - Snow/Snap										
Peppers - Chiles										
Peppers - Green										
Peppers - R/Y										
Potatoes - Russet										
Potatoes - R/W/Yuk										
Potatoes - Sweet										
Spinach										
Squash - Yellow										
Squash - Zucchini										
Tomatoes - Gr/Ch										
Tomatoes - Roma										
Tomatoes - Round										
FRUITS										
Apples										
Avocados										
Bananas										
Berries - Blackberry										
Berries - Blueberry										
Berries - Raspberry										
Berries - Strawberry										
Citrus - Lemons										
Citrus - Limes										
Citrus - Oranges										
Grapes - Green										
Grapes - Red										
Melons - Cantaloupe										
Melons - Honeydew										
Melons - Watermelon										
Pineapple										

Information is subject to market fluctuations and meant to be used only as a guide. Consider transit time for your area as this is a current condition report, and up to 10 days may pass before the effects show in your market. See the FreshPress Plus+, our extended guide of the current market information at freshpoint.com.